



Scarlet Hawk VOLLEYBALL

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2008 Volleyball Season Recap

Chicago, Ill. — The Illinois Institute of Technology Women's Volleyball Team with its senior leadership was determined to finish strong in their 2008 campaign. The veteran lineup, led by seniors Sarah Olson, Carlie Douglas and Jamie Stroot finished their career at Illinois Tech with their heads held high, after posting 19 victories, a second-place tie in league play and advancing to a CCAC championship match appearance for the first time in school history. The senior trio captured 95 victories over their four-year tenure in the Red & Black, making them one of the winningest classes in Illinois Tech volleyball history.

The Hawks opened the season and conference slate in fine fashion on the road with a 3-1 victory over Trinity International. The Hawks then embarked on a very challenging fall schedule that included tournament competition against the likes of #18 Taylor, 21st-ranked Walsh and matchups against a trio of NCAA Division II foes, Lewis, Wisconsin-Parkside and Eckerd.

Following their opening victory against Chicago Collegiate Athletic Conference opponent, Trinity International, the Hawks started their weekend play at Taylor University. They then came back home and hosted their 2nd annual crossover tournament with St. Xavier. After a few battles on their home court the troops traveled to Olivet Nazarene and Cornerstone. During this time away from home, the Hawks struggled but were able to pull it back together when they got back to conference play. The team continued their conference stand with

victories against Robert Morris, Judson and Trinity Christian. The Hawks finished the regular season campaign with a 9-2 league record, earning them a #3-seed in the 2008 CCAC Post-Season Tournament.

The Scarlet Hawks opened tournament play with a convincing victory over Trinity International, 3-0 (25-16, 25-17, 29-27), in quarterfinal action at the Keating Sports Center. Douglas led the team with 12 kills while Stroot added 11. The Hawk's opening round victory over the Trojans propelled them to a semifinal matchup with 2nd-seeded Saint Francis on Friday, Nov. 14 in Bourbonnais, Ill. After dropping the opening game of the match, the Hawks rallied behind 52 team kills and 31 digs from Aubrey VanderHeyden to win the 5-game thriller and earn a berth in Saturday's CCAC Championship Match for the first time in program history. The top-seeded Tigers posted an outstanding effort in the CCAC Title Match to end the Hawk's outstanding post-season run. To say the least, the troops started strong, played through the rough spots and finished with a solid post-season run even though they fell short in the title match against Olivet Nazarene.

The Illinois Tech Scarlet Hawks had a number of individual accomplishments throughout the course of the season. Sarah Olson, Aubrey VanderHeyden, Carlie Douglas and Jamie Stroot were named CCAC All-Conference. In addition, VanderHeyden was named Libero of the Year for Chicago Collegiate Athletic Conference.

Chicago Collegiate Athletic Conference *STANDINGS*

Team	Won	Loss
Olivet	10	0
Illinois Tech	8	2
St. Francis	8	2
Trinity Christian	6	4
Trinity Inter.	6	4
St. Xavier	6	4
Purdue NC	3	7
Cardinal Stritch	3	7
Robert Morris	3	7
Judson	2	8
Calumet	0	10

FAST FACTS

Location/Institution

1 mile south of the Chicago Loop
 13 resident Halls, 6 fraternity and 2 sorority houses
 24 academic majors / 92% placement

Rated 4th in the Midwest by salary potential

Facilities

Newer gym floor with new bleachers and lighting

State of the art strength and conditioning machines

3 full courts to be used for practice/tournament play

Volleyball team locker room

Fall Season

28 play dates

10 match conference schedule

CCAC conference tournament

4-5 overnight trips on weekends

Spring Season

10 weeks of strength and conditioning

Individual work with emphasis on fundamentals and individual development

Support

Full time head coach/part time assistant coach

Personalized tutors

Academic assistance and advising

